

Direct Primary Care scope of services



Ongoing Primary Care is included with the Monthly Membership Fee. Members are entitled to twelve (12) visits* per year, including an annual comprehensive wellness visit focusing on disease prevention and lifestyle/health improvement. If the number of visits per year is more than 12, an additional \$25 fee per visit may be charged.

Same-day or next-business-day office appointments are available Monday-Friday, excluding holidays (some locations may be open on Saturdays). Appointment types include wellness exams, acute and chronic disease management, and multiple preventive and non-emergent services (listed below).

Laboratory studies are offered for discounted fees. Radiology studies, specialist consults, supplements, and medications will be ordered in the most cost-effective manner possible for the patient. Patient(s) understand(s) that charges for items not covered by the membership fees must be paid at the time of service and will NOT be billed through the Patient(s) monthly membership fee agreement.

Upon signing the agreement and paying the applicable monthly fee, members will become Patients of WeCare Community Care, whose clinician(s) will render direct primary care services as noted below.

SERVICES AND MINOR PROCEDURES INCLUDED, AS MEDICALLY INDICATED

● Acute Care and Episodic Services

- Wellness examinations
- General evaluation and health maintenance
- Sick visits or episodic care as medically appropriate for non-life threatening medical issues (e.g., diagnosis/treatment of colds, flu, dizziness, nausea, headaches, rashes, acute injuries, minor surgical procedures, rapid flu tests, etc.)
- Minor first-aid (e.g., bumps, bruises, cuts, small burns, muscle strains, etc.)
- Simple sutures for minor cuts/wound care

- **Chronic Disease Management** (Including personalized care plan and risk reduction plan for diabetes, arthritis, acid reflux, high blood pressure, high cholesterol, cardiovascular disease, asthma, and COPD.)

- **On-Site Prescription Drug Dispensary***

(for specified medications on health center formulary. Medications not included in membership must be obtained by the patient via prescription to the preferred pharmacy.)

**Where onsite in-house dispensary is available.*

- **Wellness/Prevention Services**

- Full Annual physicals (including well woman exams)
- Wellness program oversight and analysis
- Health risk assessments and evaluations
- Biometric blood analysis
- Administering specified vaccinations, tetanus shots, flu shots, etc

- **Health and Wellness Education and Counseling**

- Weight loss counseling
- Tobacco/smoking cessation counseling
- General health and wellness counseling
- Diabetes care/diabetic education
- Nutrition counseling
- Behavioral health services

- **Integrated/Collaborative Care**

- Care coordination
- Referral management

- **Virtual visit capability via phone or video chat** (and patient portal access). Access to comprehensive primary care medicine via video or phone. Not all conditions can be handled via indirect methods, and the Patient may be asked to make an in-person appointment.

● **Non-emergent and Routine Tests and Labs**

- Rapid flu test
- Spirometry with interpretation
- Pap smears
- Rapid strep test
- Patients 18 and older, screening and care management labs
 - > *Basic annual labs: Basic cholesterol panel, basic metabolic panel, complete blood count*
 - > *Basic chronic condition labs: A1C, blood glucose, kidney function, liver function*

● **Injections (with patient supplying medication)**

- Allergies
- Depo
- B12

● **Pediatric services are limited to the following** (*all other services should be provided by a Pediatrician*):

- 2 Yrs & Older (Convenient Care Only)
 - > *Fever*
 - > *Cough*
 - > *Earache*
 - > *Minor Illness*
- 10 Yrs & Older
 - > *Routine primary care*
 - > *School physicals (with limits regarding immunizations)*

● **Appointment reminders via text, email, or voicemail.**

**Regularly scheduled visits are up to 40 minutes with physician(s) if needed. Time may be extended based on medical needs.*

EXCEPTIONS TO ABOVE

- Patient will be responsible for laboratory fees for lab services beyond those included in the annual visit or chronic illness management visits. Additional tests are to be paid for at the time of service.
- Unlisted vaccinations and related costs are the patient's responsibility.
- One-page forms, such as work excuses, may be included. Forms of more than one page (for example, but not limited to disability, FMLA, and attorney correspondence) may be charged additional fees.
- Pap smear test beyond one annual well-women's exam.

EXCLUDED SERVICES

- Any procedures, diagnostic services, and medical consultations performed outside by personnel not employed by WeCare tlc.
- Specialty services and services from hospitals are NOT covered by the Community Care membership fees. (Due to mandatory "on call" duties required at local institutions, we have elected NOT to obtain formal hospital admission privileges at this time.)
- Prenatal obstetric and gynecologic services are NOT provided and are not covered by membership fees.
- After-hours visits (There is no after-hours availability. This agreement is for ongoing primary care, not emergency or urgent care. Your physician will make reasonable efforts to see you as soon as possible during open health center hours.)
- Chronic pain management, ongoing treatment with controlled medications, substance abuse withdrawal, major surgeries, procedures involving general or regional anesthesia, advanced diagnostic tests, CT scans, MRI scans, echocardiograms, cardiac stress tests, electroencephalograms, medications, injections of any type administered in-office by a participating provider, durable medical equipment and supplies, any care given by an outside provider, any care that is best handled in the emergency room of a hospital, any procedure in the sole determination of the provider that falls outside of their area of training or expertise, or care rendered by specialists or specialty clinics.